


## June 2006 Cycle Schedule

CA=Coach Approach

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>For updated versions check the sub board outside the cycle room.</b>  <b>You can access the cycle schedule online at</b>  <a href="http://www.centralymca.org">www.centralymca.org</a></p> <p><b>For questions about the schedule</b>  <b>call 721-2100 ext. 2079</b></p>				<b>1</b> 6:05- Doug 9:30- Michael *90 min  5:30- Brooke 6:35- Colleen	<b>2</b> 6:05- Leslie 9:30- Colleen 10:35- Seniors Richard <sup>CA</sup> 12:15-Tammy  5:30- Carl	<b>3</b> 9:30- Brier
<b>4</b> 4:30- Kim	<b>5</b> 6:05- Doug 9:30- Brier 10:35- Seniors Karen <sup>CA</sup> 12:15- George  5:30-Beverly 6:35- Leslie	<b>6</b> 6:05- Joanne 9:30- Pam *60 min  5:30-Brooke 6:35- Carl	<b>7</b> 6:05- Doug 9:30- Aimee 10:35- Seniors Richard <sup>CA</sup> 12:15- George 5:30- Frank 6:35- Brier	<b>8</b> 6:05- Doug 9:30- Michael *60 min  5:30- Kat 6:35- Colleen	<b>9</b> 6:05- Leslie 9:30- Colleen 10:35- Seniors Brier <sup>CA</sup> 12:15-George  5:30- Carl	<b>10</b> 9:30- Brooke
<b>11</b> 4:30- Kim	<b>12</b> 6:05- Doug 9:30- Aimee 10:35- Seniors Brier <sup>CA</sup> 12:15- George  5:30- Kat 6:35- Leslie	<b>13</b> 6:05- Joanne 9:30- Brier *90 min  5:30- Kat 6:35- Carl	<b>14</b> 6:05- Doug 9:30- Aimee 10:35- Seniors Joanne <sup>CA</sup> 12:15- George 5:30- Frank 6:35- Brier	<b>15</b> 6:05- Doug 9:30- Michael *90 min  5:30- Kat 6:35- Brooke	<b>16</b> 6:05- Leslie 9:30- Brier 10:35- Seniors Joanne <sup>CA</sup>  12:15-Tammy  5:30- Carl	<b>17</b> 9:30- Brooke
<b>18</b> Happy Father's Day! No Class 	<b>19</b> 6:05- Joanne 9:30- Jeannie 10:35- Seniors Karen <sup>CA</sup> 12:15- George  5:30- Beverly 6:35- Brooke	<b>20</b> 6:05- Joanne 9:30- Pam *60 min  5:30- Joanne 6:35- Carl	<b>21</b> 6:05- Brooke 9:30-Jeannie 10:35- Seniors Pam <sup>CA</sup> 12:15- George 5:30- Frank 6:35- Brooke	<b>22</b> 6:05- Joanne 9:30-Pam *60 min  5:30- Kat 6:35- Colleen	<b>23</b> 6:05- Brooke 9:30- Jeannie 10:35- Seniors Richard <sup>CA</sup> 12:15-Lee Ann  5:30- Carl	<b>24</b> 9:30- Brooke
<b>25</b> 4:30- Kim	<b>26</b> 6:05- Doug 9:30- Aimee 10:35- Seniors Karen <sup>CA</sup> 12:15- George  5:30- Beverly 6:35- Leslie	<b>27</b> 6:05- Joanne 9:30- Pam *90 min  5:30- Kat 6:35- Carl	<b>28</b> 6:05- Doug 9:30- Aimee 10:35- Seniors Richard <sup>CA</sup> 12:15- George 5:30- Frank 6:35- Brier	<b>29</b> 6:05- Doug 9:30- Michael *60 min  5:30- Brooke 6:35- Colleen	<b>30</b> 6:05- Leslie 9:30- Colleen 10:35- Seniors Karen S. <sup>CA</sup> 12:15-George  5:30- Carl	