



We build strong kids, strong families, strong communities.

## Central Family YMCA 2008-2009 Middle School After School

As an association, the YMCA of Northwest North Carolina is excited about the potential of teens in our community and is committed to helping them reach their God-given potential. The Central Family YMCA believes that the best way to encourage teens to meet their individual goals is by providing motivation and challenging programs, specifically designed for their age group. Encourage your teens today to participate in a program that will strengthen their spirit, mind and body.

### Program Rates

Registration Fee \$20

Members: \$150 per Month

Non-Members: \$200 per Month

**First payment due in August with bank draft beginning in September**

### Program Hours:

After School care begins at the conclusion of school and ends promptly at 6:00 pm.

Out of school days, Christmas, and Spring Break Camp will be conducted from 7:00 am – 6:00 pm

### Out of School Days / Holidays

**Christmas Break** (Dec. 22 - Jan. 2) is \$30 per day or \$150 for the entire break

**Spring Break** (March 30 -April 3) is \$30/day or \$125 for the entire break.

**Days the YMCA Does Not Offer Care:**  
New Year's Day, Good Friday, Memorial Day, Labor Day, Thanksgiving Day, & the day after, Christmas Eve, and Christmas Day.

### Financial Assistance:

The YMCA is committed to turning no one away for any program due to the inability to pay. If you would like more information, please inquire about our "Open Doors" program.

### Schools Served:

Wiley Middle School  
Paisley Middle School  
Jefferson Middle School  
Downtown Middle School

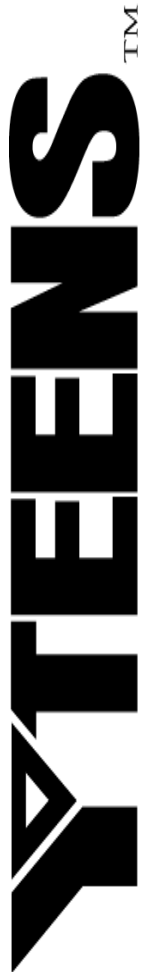
### Payment Options:

Monthly bank draft on the 1<sup>st</sup> and 15<sup>th</sup>

Walk-in Payments (Due by the 1<sup>st</sup> of each month - \$10 late fee after the 1<sup>st</sup>)

### For more Information:

Please call the Central Family YMCA at 721-2100  
or visit our website at [www.centralymca.org](http://www.centralymca.org)



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### **Program Design:**

The Central Family YMCA's Middle School After School Program is designed to help youth reach their God-given potential in spirit, mind, and body. Youth in the program develop the skills they need to be a contributing member of the community. Students participate in activities that reinforce core values such as caring, honesty, respect, responsibility, and faith and give them the chance to better understand their own belief system and to make better decisions later in life. Youth are surrounded daily by caring role models who help them grow and learn. Additionally, the program adapts to the changing needs of the youth served and focuses on three elements: 1) homework assistance, 2) physical fitness, and 3) enrichment activities.

Our programs are led by responsible and energetic staff of adults, college and high school students. Each staff member is carefully selected through a comprehensive application and interview process – under the direction of full time YMCA professionals. Staff are fully trained with an emphasis on YMCA priorities such as being an exemplary role model, building self esteem, creativity, safety, fun and YMCA spirit. Our programs are effective because of the quality of our staff.

### **Other Benefits:**

Weekly Swimming, Monthly Field Trips, Teen Strength Training,  
YMCA Middle School Model UN Program

### **Model United Nations Program Information**

This program is an exciting, educational strategy for middle school students to learn about global issues. Participants assume the roles of diplomatic representatives to the UN as they consider contemporary international concerns. A yearly Model UN conference takes place at Blue Ridge Assembly, Black Mountain, NC May 1-3, 2009.

Cost: \$275.00 (or 9 payments of \$30.50/month)  
(Includes lodging, food, and transportation to the conference in May)

\*\*This program will be run through the Teen After School Program; however, if your child would like to attend the conference, the fee is listed above \*\*

### **Registration Checklist:**

\$20 Registration Fee  
Immunization Record  
Voided Check for Bank Draft Authorization Form  
Youth Information Form  
Order for Medication form (if applicable)  
Legal Documentation regarding custody or restraining issues.

\*Register by August 22<sup>nd</sup> for bank draft to begin on September 1<sup>st</sup>. Any registrations after August 22<sup>nd</sup> will require the first month's payment due upon registration.

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